

Meir Schneider, PhD, LMT Publications and Presentations

Books:

- ***Vision for Life: 10 Steps to Natural Eyesight Improvement***, North Atlantic Books, 2012
- ***Movement for Self-Healing***, New World Library and Kramer, 2004
- ***The Handbook of Self-Healing*** co-authored with Maureen Larkin and Dror Schneider, Penguin Arkana, 1994. Foreign-language editions in French 1999, Hebrew, 1999, Portuguese 1998, Russian 1997, Hungarian 1997
- ***Self-Healing: My Life and Vision***, Penguin Arkana, 1989. French, Portuguese, Hungarian, and Hebrew

Articles (Meir has written and been interviewed for many articles for magazines and papers, too numerous to list. List available upon request.) Some of the most recent include:

- ***Declare Your Freedom From Glass; Improve Vision Naturally***, *Massage Magazine*, April 2015
- ***Vision Exercises to Try at Home***, *Massage Magazine*, April 2015

Radio (Schneider has appeared in hundreds of radio, TV, newspapers and magazines around the world. Lists presented upon request).

Here is a list of the most recent interviews:

- ***Health Revolution Radio with Dr. Abaci***, March 8th, 2015
- ***Wellness, Wholeness & Wisdom***, BlogTalk Radio with Psychologist Parthenia Izzard CNHP, February 26th, 2015, <http://www.blogtalkradio.com/wellnessradioalternative-medicine/2015/02/27/wellness-wholeness-wisdom-psychologist-parthenia-izzard-cnhp-m-schneider>
- ***WPFW, "To Heal DC", "The Sunyatta Amen Show", and "To Your Health"***, with hosts Sunyatta Amen, Joni Eisenburg, and Dr. Watkins, November 24th, 2014. **Washington DC.**
- ***WBAI***, with host Kathy Davis. October 20th, **New York City.**
- ***KPFA***, with Veronica Faisant. October 5th, **San Francisco, CA.**

DVD/ Videotape/ CD products:

- ***The Natural Vision Improvement Kit***, Sounds True, February 2005, Double CD with manual / accessories
- ***Yoga For Your Eyes***, Sounds True, videotape August 1999; DVD September 2003, with manual / accessories
- ***Muscular Dystrophy Can Be Overcome***, videotape, self-published

Audiocassette products:

- ***The Eye Rescue Kit***, by Edward Kondrot, M.D. and Meir Schneider, November, 1998
- ***Meir Schneider's Miracle Eyesight Method***, Sounds True, Boulder, CO, 1997
- ***Relaxation for the Eyes, Meir's Vision Exercises, Encounter Yourself, Sensing Your Spine, Breath and Mobility of the Joints, Strengthen Your Central Nervous System***, self-published

Meir Schneider, PhD, LMT Teaching and Speaking

Sponsors of Meir Schneider's speaking engagements worldwide include universities, hospitals, rehabilitation centers and medical, nursing and massage schools; professional associations and offices of doctors, optometrists, vision educators, chiropractors, occupational and physical therapists, nurses and massage therapists; national and international health-related conferences; bookstores and libraries; civic groups, seniors groups, patient support groups, service groups for the disabled, and more. Space considerations prohibit listing them all. Lists presented upon request. Among them...

Teaching engagements in the U.S. include

- Ongoing training classes in the ***Meir Schneider Method of Self-Healing through Bodywork and Movement***; ongoing training classes for ***Natural Vision Improvement Educators***, specialized workshops and retreats: ***Yoga For the Eyes, Movement for Self-Healing, Overcoming Repetitive Strain Injuries, Overcome Spine Problems and Build a Healthy Back***; School for Self-Healing (SSH), San Francisco, CA.
- Ongoing weekly Public Service free Thursday Night Lectures, community healthcare classes, SSH, SF, CA
- Ongoing Public Service free lectures: ***Natural Vision Improvement***, ***Movement for Self-Healing***, ***Wellness in the Workplace*** throughout the SF Bay Area- hospitals, bookstores, schools, libraries, patient support groups, spas. Some of these locations include: ***Yoga Kula*** in Berkeley, ***New Leaf Market*** in Half Moon Bay, ***West Portal Library*** in San Francisco, ***East-West Bookstore*** in Mountain View, ***Opera Plaza*** in San Francisco, ***Seekers Church in Washington DC***, ***Mamasita's*** in Washington DC, and many more.
- ***Academy of Intuition Medicine***, October 24th 2014. Lecture on "***Natural Vision Improvement***".
- ***World Vegetarian Festival***, 2014 & 2015. Annual invitation to speak here. Presented by the San Francisco Vegetarian Society.
- ***Esalen Institute***, annual ***Awaken Your Power to Create Health and Vitality*** workshops, Big Sur, CA,
- ***The Learning Annex of San Francisco***, ongoing ***Natural Vision Improvement*** classes
- ***University of California at San Francisco Medical Center***, annual UCSF IMF ***Natural Vision Improvement*** workshops

(keynote address, UCSF Integrative Medicine Forum 2007)

- **National, Regional and State Conferences of the American Massage Therapy Association**, regular presentations on, *Overcoming Spine and Paralysis Problems*, *Overcoming Repetitive Strain Injuries*, *Natural Vision Improvement*, *Self-Healing through Massage and Movement*, *Addressing the Needs of the Aging with Massage and Movement*
- **The North American Conference(s) on Natural Vision Improvement**, 2003 co-sponsor University of San Francisco
- **San Francisco Department of Human Services**, *Natural Vision Improvement*, *Wellness in the Workplace* workshops
- **California Institute for Integral Studies**, classes on *Natural Vision Improvement* and *Building a Healthy Back*

Teaching engagements internationally include

- **Australia, Austria, Brazil, Canada, Colombia, Curacao, United Kingdom, Germany, Hungary, Israel, Mexico and Portugal, Spain, Singapore**: on *Natural Vision Improvement*; *Self-Healing through Movement Lectures* and workshops for professionals/public since 1984
- **Brazil**- Ongoing trainings in *Meir Schneider Method of Self-Healing through Bodywork and Movement*; Training classes for *Natural Vision Improvement Educators*; lectures and workshops for ophthalmologists and physiotherapists and other professionals, as well as for the public, since 1988
- **International Conferences of Holistic Vision**, *Keynote presentations*, in England, Germany, Portugal and Spain

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