

Meir Schneider, PhD, LMT



European Workshops and Lectures

DATED MATERIAL

www.self-healing.org

415.665.9574

San Francisco, CA 94116-1551

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SELF HEALING THROUGH MOVEMENT AND NATURAL VISION IMPROVEMENT WORKSHOP

The New Church College

25 Radcliffe New Road

Radcliffe, Manchester M26 1LE, United Kingdom

Friday October 21st 10:00 – 5:00

Dr. Meir Schneider PhD, LMT is a pioneer therapist who developed his methods from working tirelessly to heal himself from blindness. He is author of Movement for Self-Healing, The Natural Vision Improvement Kit and the DVD, Yoga for Your Eyes.

Vision Training, Movement, Self-Massage, Visualization, Breathing.

Did you know the body has over 600 muscles but most people only use 50? Learn how to relax those chronically overused muscles and use muscles that you have never used before, enhancing circulation and bringing the body into better balance.

This training integrates therapeutic massage, movement, and natural vision improvement exercises. The principles are original, effective and simple - perfect for anyone seeking to improve their own health.



**Dr. Schneider is available for Private Sessions in Manchester October 17th – October 21st
Contact: Barbara Heron at barbara@heronbg.info**



North Manchester:

LECTURE: SELF HEALING THROUGH MOVEMENT AND VISION IMPROVEMENT

Tuesday, October 25th 7PM

For exact location, please contact: Barbara Heron at barbara@heronbg.info

NATURAL VISION IMPROVEMENT WORKSHOP

Valentino Salon
1 Thackeray Street
London W8 5ET, United Kingdom
(Near to High Street Kensington Tube St.)

Sunday October 23rd 10:00 – 4:30

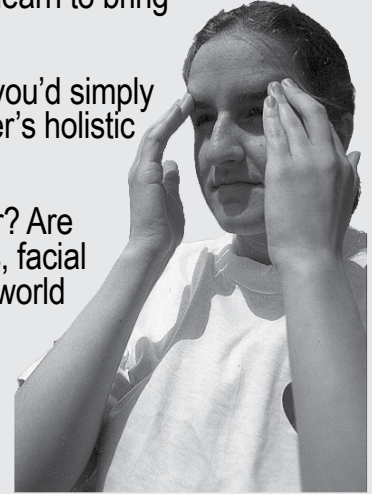
The eyes and body are far more interrelated than people realize. Poor posture, constricted upper body movement and muscle tightness all affect vision. In this workshop you will learn to bring flexibility to your body and visual system.

Whatever your prescription, whether you have serious vision problems or you'd simply like to prevent your eyesight deteriorating with age, learning Meir Schneider's holistic techniques will help you.

Does your vision blur? Do you have headaches? Do you use the computer? Are you tired of glasses? ***This workshop is for you!*** Learn proven techniques, facial massage and vision exercises to prevent degenerative disease. See your world with less strain, greater acuity, and a more spacious visual field.

This all-day workshop, with emphasis on the eyes, is a rare opportunity to learn from this world-renowned therapist first-hand.

To book a place, contact mastoor.khan@gmail.com



***Dr. Schneider is available for Private Sessions in London October 24th – October 26th
Contact Office Manager: officemanager@self-healing.org or 001 415-665-9574***

ITALY

Dr. Meir Schneider PhD, LMT will be lecturing at

XXIII International Conference for Holistic Vision

Congress Center, Villa Cagnola
Gazzada Schianno, Lombardy (VA)

www.holisticvisionconference.com
Giorgio: conference@scuolabates.it

Saturday, October 29th 3:30 - 4:15PM
Overcoming Vision Problems

Monday, October 31st 9AM - 6PM
Self Healing Through Movement and Vision Improvement



Dr. Meir Schneider PhD, LMT is available for Private Sessions on Thursday, Friday, Saturday and Sunday, October 27th - 30th



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SELF HEALING THROUGH MOVEMENT AND BODY IMPROVEMENT WORKSHOP
NOVEMBER 3 - 5, 2011

For more information, please contact:

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